



Todd Essig

Todd Essig, Ph.D., is Faculty and Training and Supervising Psychoanalyst at the William Alanson White Institute, Adjunct Clinical Professor at the NYU Postdoctoral Program in Psychoanalysis and member of the Psychotherapy Action Network (PsiAN) Advisory Board. Current areas of research, writing and teaching include the gains and losses of teletherapies and how emerging AI technologies are changing self-experience, intimate relationships, and psychoanalytic practice. He founded and currently co-chairs APsA's Council on Artificial Intelligence. Previously he co-chaired APsA's Covid-19 Advisory Team and was a member of the International Psychoanalytic Association's Task Force on Contemporary Education where he co-authored the "TF2 Report." For 10 years, until the pandemic hit, he wrote "Managing Mental Wealth" for Forbes. Dr. Essig maintains a private practice in New York where he treats individuals and couples.